It is a very fun day since you have decided to apply for the **Aerial Fitness Teacher Training.** Please return your answers to the following questions via e-mail to: zina@aerialfun.com no later than 10 days before training. Print, scan, and send an attachment, or cut and paste into an email, or type in the word document. See you in training. If you do not get a response confirmation within 2 days, please call 888-602-1148 and please leave a message you sent your application in.

First Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Last Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age:

Gender:

Email:

Phone#:

Address:

In Case of Emergency:

Contact Name:

Relationship:

Phone #:

Email:

Which track are you interested in: Circle One: (can change later)

Teacher Training OR Personal Intensive

Which dates / location are you applying for?

Dates\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Location\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

About yourself:

1) Do you currently hold a fitness certification? If so, how many hours and where is it from?

If you have any other basic anatomy training, describe training.

2) What is your experience with any type of fitness industry teaching experience? (i.e. when you started, how long you have been studying, or teaching . etc)

3) Please describe your current fitness routine (i.e. what type of fitness activities do you enjoy? (i.e. style and number of classes you take a week and where, etc.)

4) Do you have other relevant experience, either personal or professional?

5) How did you discover Aerial, and what draws you to this unique style?

6) What type of Aerial experience do you have?

7) In what direction do you see your Aerial Fitness teaching or i how your personal intensive going after completion of AFTT?

8) Do you have any physical limitations?

9) What do you hope to gain from the teacher training or personal intensive?

10) What is your favorite color?

11) Do you currently own a hammock?

12) How did you find our or hear about Aerial Fitness training?